

Wildcats Activities Department

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3A COED STATE QUALIFYING MEET

Thursday, May 13, 2021

Dr. Doane Hakes Memorial Stadium - 430 School Street, Carlisle

ADM, Ballard, Boone, Carlisle, DC-G, Perry, Saydel and Winterset

Top two place winners in each event plus next eight best performances statewide from SQM will advance to state meet.

Field Events: 4 p.m.

All Field Events: Field events will be in flights. Number of qualifiers to the finals shall be eight. Every competitor in the shot, long jump and discus gets three trials in prelims and top eight performances advance to finals. Finalists receive three additional trials. Each competitor's best performance, whether it be in prelims or finals, shall be used to determine the final placing.

High Jump: Located on north end of football field. (Girls- 4'6"/Boys- 5'6") Discus: Located on baseball field, south of the track complex (Boys/Girls)

Shot: Located just southeast of track complex, east of the concession stand (Girls/Boys/WC)

Long Jump: Located on south end of football field (Boys/Girls)

Running Events: 4:30 p.m. Girls race first, followed by boys except for Shuttle Hurdle Relay

800m Sprint Medley Relay

3000/3200m Run 4 x 800m Relay

45-Minute Mandatory Break

Shuttle Hurdle Relay

100m Dash

1600m Distance Medley Relay

400m Dash

4 X 200m Relay 100/110m Hurdles

800m Run

20-Minute Mandatory Break

200m Dash

400m Hurdles

1500/1600m Run

4 x 100m Relay

4 x 400m Relay